

## **CONGREGATE MEALS PROGRAM**

The Congregate Meals Program is offering a freshly prepared, nutritious lunch.

You can pick up or stay and dine option.

Older adults (age 60+) are invited.

Dates:	Monday through Friday
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Time: 11:30 am - 1 pm

Location: Salerno's Pizzeria and Sports Bar 9301 W. 63rd Street, Hodgkins, IL

- Cost: \$3.00 donation
- RSVP: Please call 708-603-2269 by 4 pm to reserve for the next day meal or to cancel an existing reservation

Funded in part by:



Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statues. If you feel you have been discriminated against call (708) 354-1323.

708-354-1323 111 W. Harris Ave., La Grange, IL 60525 www.agingcareconnections.org

## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - SEPTEMBER 2024

	THEODAY		THURSDAY	EDID AV
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
CLOSED	CHEESE BURGER	TUNA SALAD - 3 OZ	LEMON CHICKEN - 3 OZ	BLT SANDWICH, BACON, TOMATO,
	W/ LETTUCE, TOMATO, ONION	PASTA SALAD - 1/2 C	MASHED POTATOES - 1/2 C	LETTUCE
Hellis .	POTATO WEDGES- 1/2 C	CRACKERS	VEGGI - 1/2 C	CHIPS
	FRUIT	FRUIT	BREAD 4 OZ.	FRUIT
Har Lines	MILK - 8 OZ.	CARROTS & CELERY STICKS - 1/2 C	FRUIT	MILK - 8 OZ.
		Milk- 8oz	MILK - 8 OZ.	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
SPAGHETTI - 1/2 C	JULIAN SALAD W/HAM, TURKEY,	SLOPPY JOE'S - 3 OZ ON A BUN	CHICKEN VESUVIO W/EX SAUCE - 3 OZ.	SAUSAGE PIZZA
W/MEATBALLS - 3 OZ.	CHEESE, TOMATOES- 2 OZ. EA	CARROTS & CELERY STICKS - 1/2 C	VESUVIO POTS - 1/2 C W/ EX SAUCE	W/ EX THIN CRUST - 3 OZ.
VEGGI - 1/2 C	BREAD - 4 OZ.	FRIES - 1/2 C	VEGGI - 1/2 C	Wy EX HIN CROST S CE.
-				50.07
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILk - 8 OZ.
BREAD 4 OZ.			BREAD 4 OZ.	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
CHICAGO HOT DOG - 3 OZ, PICKLE,	EGGPLANT PARMESAN -3 OZ	HAMBURGER - 3 OZ	BBQ CHICKEN - 3 OZ	TURKEY CLUB -3 OZ
ONION, TOMATO, CUCUMBER	VEGGI - 1/2 C	W/ LETTUCE, ONION, TOMATO	POTATO WEDGES - 1/2 C	W/ LETTUCE, TOMATO & BACON
MAC & CHEESE - 1/2 C	PASTA - 1/2 c	FRIES -1/2 C	VEGGI - 1/2 C	POTATO SALAD - 1/2 C
FRUIT	BREAD - 4 0Z.	FRUIT	FRUIT	FRUIT
MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.
WIEK - 8 02.	FRUIT		BREAD - 4 OZ.	CHIPS
	FROM		DREAD - 4 02.	Chirs
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
RAVIOLI W/MEAT SAUCE - 1/2 C	ITALIAN SUB SANDWICH - 3 OZ	PIZZA BREAD W/ SAUSAGE - 3 OZ	CHICKEN ALFREDO - 3- OZ	BEEF SAND SERVED OPEN FACE
		RED SAUCE & CHEESE		
VEGGI - 1/2 C	LETTUCE, TOMATOES & CHEESE		VEGGI - 1/2 C	ON BREAD - 3 OZ.
BREAD - 4 0Z.	CHIPS	CARROTS & CELERY STICKS - 1/2 C	BREAD - 4 OZ	MASHED POTATOES & GRAVY 1/2 C
FRUIT	FRUIT	FRUIT	FRUIT	VEGGIE 1/2 C
MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	MILK - 8 OZ.	FRUIT
				MILK - 8 OZ.
MONDAY				
30-Sep				
VEGGIE PIZZA , GR PEPPER, ONION	EFFECTIVE OCTOBER 1, 2024		EFFECTIVE AUGUST 1, 2024	TO RESERVE A LUNCH CALL
CHEESE, EXTRA THIN CRUST - 3 OZ.	LUNCHES ARE \$3.50			708-603-2269
			LUNCH IS DINE IIN ONLY	BEFORE 4 PM ON THE PREVIOUS DAY
FRUIT				LEAVE A MESSAGE
MILK - 8 OZ.				CALLS WILL NOT BE RETURNED
				MENU SUBJECT TO CHANGE